

Coaches: View By Squad

November 2023

Coach: Graeme

Monday:	05:30 - 07:00	Senior Performance
	18:00 - 20:00	Senior Performance
Tuesday:	05:30 - 07:00	Senior Performance
	18:00 - 19:30	Senior Performance
Wednesday:	05:30 - 07:30	Senior Performance
Thursday:	18:00 - 19:30	Senior Performance
Friday:	05:30 - 07:00	Senior Performance
Saturday:	07:00 - 09:00	Senior Performance - Aldershot
Sunday:	15:30 - 17:00	Age Group Performance - Aldershot

Coach: Spencer

Monday:	18:00 - 19:30	Age Group Performance
	19:30 - 20:30	Age Group County
Tuesday:	18:00 - 19:30	Age Group Performance
Wednesday:	05:30 - 07:00	Age Group Performance
Thursday:	18:00 - 19:30	Age Group Performance
Saturday:	06:00 - 08:00	Age Group Performance
Sunday:	15:30 - 17:00	Age Group Performance - Aldershot

Coach: David

Tuesday:	18:00 - 19:30	Age Group Performance
	19:30 - 20:30	Junior Performance / Junior County
Saturday:	07:30 - 08:00	Age Group Performance
	08:00 - 09:30	Junior Performance / Junior County

Coach: Keone

Monday:	05:30 - 07:00	Masters - Performance
Wednesday:	18:00 - 19:15	Junior Performance
	19:30 - 20:30	Masters - Performance
Thursday:	05:30 - 07:00	Junior Performance
Friday:	19:00 - 20:00	Junior Performance / Junior County - Tadley
	20:00 - 21:30	Age Group County / Age Group Competitive - Tadley
Sunday:	15:30 - 17:00	Junior Performance - Aldershot

Coach: Brendan

Wednesday:	05:30 - 07:00	Age Group Performance
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Coach: Jody

Sunday:	18:15 - 19:30	Competitive Development / Junior Competitive
	19:30 - 20:30	Age Group County / Age Group Competitive

Coach: Evie

Sunday:	18:15 - 19:30	Competitive Development / Junior Competitive
	19:30 - 20:30	Age Group County / Age Group Competitive

Coach: Elie

Monday:	19:00 - 20:00	Junior Club - QMC
Thursday:	16:30 - 17:15	Skills Academy Pre-Squad - QMC
	17:15 - 18:00	Skills Academy - Bronze - QMC

Coach: Tom B.

Monday:	20:00 - 21:30	Youth County
Tuesday:	19:45 - 21:15	Youth County - Sports Centre / Youth Competitive
Thursday:	05:30 - 07:00	Youth County
	19:15 - 20:15	Masters - Mixed
Friday:	20:15 - 21:30	Youth Competitive Club
	06:00 - 08:00	Youth County
Saturday:	08:00 - 09:30	Junior Performance / Junior County

Coach: Andy

Tuesday:	05:30 - 07:00	Age Group County
Wednesday:	20:30 - 21:45	Age Group County
Friday:	19:00 - 20:00	Junior Performance / Junior County - Tadley
	20:00 - 21:30	Age Group County / Age Group Competitive - Tadley

Coach: Emily

Monday:	20:00 - 21:30	Age Group County
Tuesday:	18:45 - 19:30	Competitive Development
	19:30 - 20:15	Junior Competitive
		Youth Competitive
Wednesday:	20:30 - 21:45	Age Group Competitive
Friday:	19:00 - 20:00	Competitive Development - Sports Centre
	20:00 - 21:00	Junior Competitive - Sports Centre
Sunday:	18:15 - 19:30	Competitive Development / Junior Competitive
	19:30 - 20:30	Age Group County / Age Group Competitive
	20:30 - 21:30	Youth Competitive Club

Coach: Jo

Monday:	19:00 - 20:00	Junior Club - QMC
	20:30 - 21:30	Masters - Mixed
Wednesday:	18:00 - 18:45	Skills Academy - Silver - Sports Centre
	18:45 - 19:30	Skills Academy - Gold - Sports Centre
	19:30 - 20:30	Masters - Mixed
Thursday:	05:30 - 07:00	Junior County
	16:30 - 17:15	Skills Academy Pre-Squad - QMC
	17:15 - 18:00	Skills Academy - Bronze - QMC
Friday:	19:00 - 20:00	Skills Academy - Silver - Sports Centre
	20:00 - 21:00	Skills Academy - Gold - Sports Centre

Coach: Tom F.

Tuesday:	05:30 - 07:00	Age Group County
Wednesday:	18:00 - 18:45	Competitive Development
	18:45 - 19:30	Junior Competitive
	20:30 - 21:45	Age Group County / Age Group Competitive
Friday:	19:00 - 20:00	Competitive Development - Sports Centre

Coach: Ben

Tuesday:	19:30 - 20:30	Junior Performance / Junior County
Wednesday:	20:30 - 21:45	Age Group County / Age Group Competitive
Friday:	20:00 - 21:00	Skills Academy Gold - Sports Centre
Saturday:	08:30 - 09:30	Junior Performance / Junior County