

Basingstoke Bluefins Christmas Training 2023

Please see below training session for the Christmas period – all sessions are at the Aquadrome unless otherwise stated.

- Main training programme as usual up to and including **21/12/22**.

Date	Sessions/Squads
Friday 22 nd December	06:30 – 08:30 Senior Performance/Age Group Performance Sports Centre: 19:00 – 20:00 Competitive Dev./SA Silver/SA Gold 20:00 – 21:00 Junior Competitive/Age Group Competitive Tadley: 19:00 – 20:00 Junior Performance/Junior County
Saturday 23 rd December	07:30 – 08:30 Age Group Performance/Youth County 08:30 – 09:30 Age Group County/Age Group Competitive Aldershot: 07:00-09:00 Senior Performance
Sunday 24 th December	No Training
Monday 25 th December	Xmas Day - No Training
Tuesday 26 th December	Boxing Day - No Training
Wednesday 27 th December	07:30 – 09:30 Senior Performance/Age Group Performance 17:00 – 18:00 Junior Performance/Junior County/Junior Competitive
Thursday 28 th December	07:30 – 09:30 Youth County/Youth Competitive 07:30 – 08:30 Age Group County 08:30 – 09:30 Age Group Competitive 17:00 – 18:00 Senior Club/Masters
Friday 29 th December	07:30 – 08:30 Junior Performance/Junior County 08:30 – 09:30 Youth County/Competitive Dev. 17:00 – 18:00 Junior Club/SA Silver/SA Gold
Saturday 30 th December	07:30 – 08:30 Age Group Performance/Youth County/Youth Competitive 08:30 – 09:30 Age Group County/Age Group Competitive Aldershot: 10:00-12:00 Senior Performance
Sunday 31 st December	No Training
Monday 1 st January	New Year's Day – No Training
Tuesday 2 nd January	Timetable Resumes

Sharks & Water Polo

Water Polo – Last session Thursday 21st, Returning 2nd January.

Sharks – Last session Tuesday 19th, returning Friday 5th January.

Pre-Squads/Junior Club /Skills Academy Bronze

QMC

- Last training session at QMC for all squads will be Thursday 21st December, training will resume on 2nd January.

Land Training

- Junior – No sessions for remainder of December
- Senior (Aquadrome) last session will be Tuesday 19th. Return date TBC

Wishing you and your families a wonderful Christmas & New Year